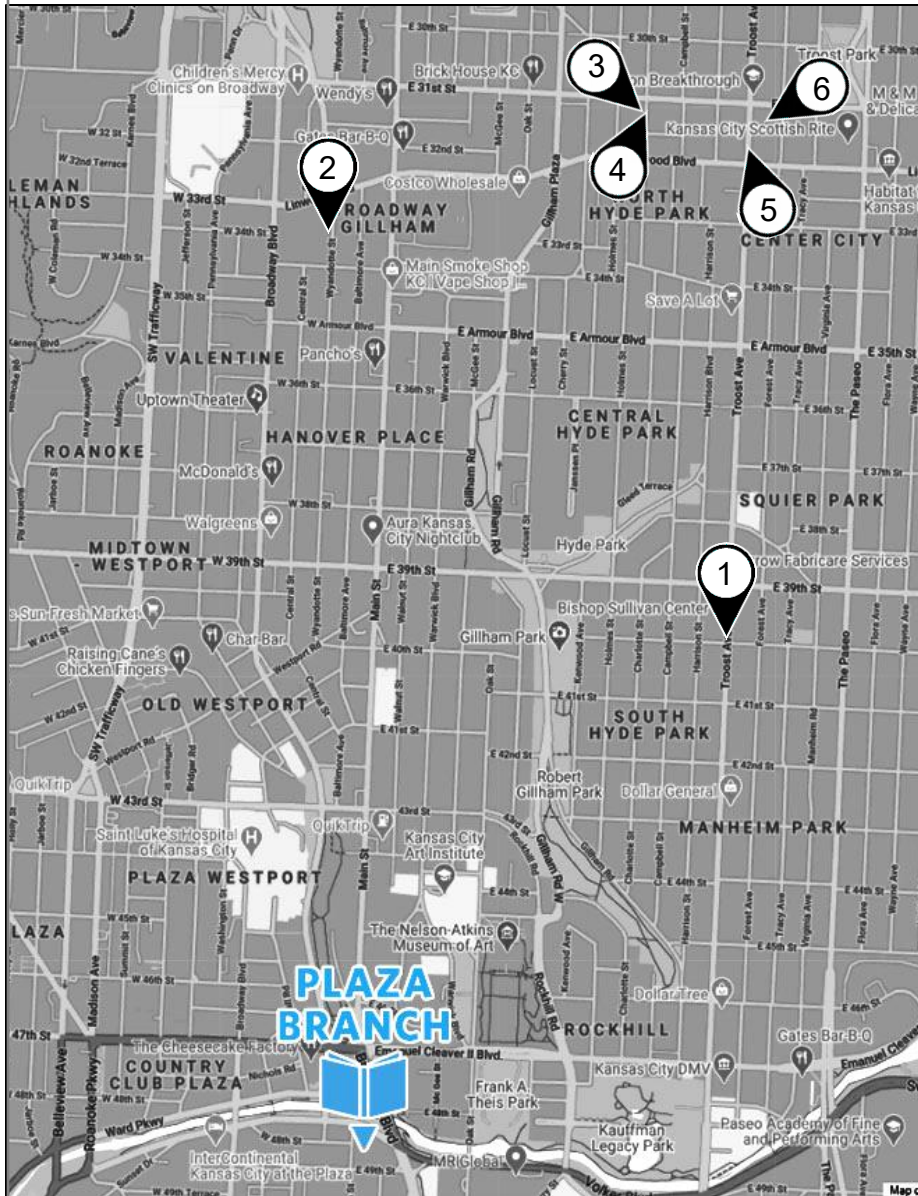


Highlighted Resources

1. Bishop Sullivan Center
2. Redemptorist Social Service
3. Metropolitan Lutheran Ministries
4. True Light Family Resource Center
5. Journey to New Life, Inc.
6. Reconciliation Services



GENERAL RESOURCES: DIAL 211



**Kansas City
Public Library**
Community Resources

816.701.3767 • kclibrary.org/outreach
communityresources@kclibrary.org

WHERE TO TURN

Local Help & Resources Within 4 Miles



Plaza Branch

816.701.3400 • 4801 Main St, KC, MO 64112

Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly
Summer 2025

CLOTHING / FOOD / TOILETRIES

►Bishop Sullivan Center (2.3 miles)

816.561.8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 12:00 pm

►Catholic Charities Welcome Center

(4.8 miles) 816.221.4377

• 8001 Longview Road; KC, MO 64134

Basic Needs Assistance (*food, diapers, hygiene*): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch.

►Community Christian Church

(2 miles) 816.561.6531 • 4601 Main St

Tues & Thurs 9:00 am – 12:00 pm

2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.

►Harvesters Food Locator

Visit www.harvesters.org/get-food-assistance to find a Harvesters agency partner in your area

►Jewish Family Services (2 miles)

913.327.8250 • 425 E 63rd St

Call: ask for the Navigator or leave a message with the answering service.

Email: navigator@jfskc.org

(weekdays by appointment)

Food & toiletries

►Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave

Tues & Thurs 9:30 am – 12:30 pm

Assistance with basic needs for reentry from incarceration

►Metropolitan Lutheran Ministry

(2.8 miles) 816.931.0027 • 3031 Holmes

Mon-Fri 8:30 am – 11:00 am

Food pantry & diapers

►Redemptorist Social Services Center

(2 miles) 816.931.9942

• 207 W Linwood Blvd

Mon-Thurs 10:00 am – 1:00 pm

Food pantry

►St. Paul's Episcopal Church

(1.4 miles) 816.931.2850 • 40th & Main

(south side of church), Wed 5:30 pm- 7:30 pm & 1st, 2nd, 4th & 5th Saturdays 9am-12pm

Food pantry & personal care items

►The Salvation Army (1.5 miles)

816.753.6040 • 500 W 39th St

Tues & Thurs 1:30 pm – 2:30 pm

Wed 10:00 am – 11:00 am

EMPLOYMENT

►Bishop Sullivan Center (2.3 miles)

816.561.8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 4:30 pm

(call for appointment)

►Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave

Reentry from incarceration, call for appt

►KC Public Library - Career Resources

+ Financial Literacy Specialist

Wed 9:30am-12pm at Plaza Branch

Or call 816.701.3663 for an appointment

►Second Chance Justice-Involved (2.4 miles)

816.231.0450 • 3100 Broadway, #302

(call for appointment)

►Women's Employment Network

(1.3 miles) 816.822.8083 • 4328 Madison

Mon-Fri 9am-4pm

Call for appointment or email from website

<https://kcwen.org/home>

FREE MEALS

►One City Café (2 miles)

816.561.8515 • 3936 Troost Ave

Mon-Fri 12:00 pm – 1:00 pm *Lunch*

Mon-Fri 4:30 pm – 6:00 pm *Dinner*

►Redemptorist Social Services Center

(2 miles) 816.931.9942 • 207 W Linwood Blvd

Mon-Fri 10:00 am – 1:00 pm *Lunch*

►True Light Family Resource Center

(1 mile) 816.381.9310 • 712 E 31st St

Sat 8:00 am – 10:00 am *Breakfast*

►Washington Square Park (3.4 miles)

• 100 E Pershing Rd

Tues 6:30 pm – 8:00 pm

Dinner (provided by Kansas City Heroes)

HEALTH & SUBSTANCE USE

►AccessKC (formerly KC Medicine

Cabinet) • 816.276.7517 *Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment*

►Charlie's House (3.7 miles)

816.591.1766 • 2425 Campbell

Mon-Fri 9:00am – 5:00pm

Free childproofing & home safety devices

►Chestnut Avenue Family Resource

Center (3.4 miles) 816.701.6534

• 3811 Chestnut Ave.

Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources

►Dismas House of Kansas City

816.542.0445 Mon-Thurs 8:30 am – 7:00 pm

Fri 8:30 am – 5pm, Sat 9am – 2pm

Footprints INC (1.7 miles)

816.561.0567 • 4501 Troost Ave

Mon & Wed 6:00 pm – 7:00 pm

Tue & Thurs 9:30 am – 10:30 am

Recovery/outpatient therapy

►Heartland Center for Behavioral

Change 816.421.6670

Outpatient substance use treatment

►KC Care Health Center (2 miles)

816.753.5144 • 3515 Broadway

Mon & Tues 9:00 am – 6:00 pm

Wed-Fri 9:00 am – 4:45 pm

Free HIV, Hep C, Syphilis walk in testing.

More free testing available by appointment

►KC Indian Center (1.5 miles)

816.421.7608 • 600 W 39th St

Outpatient substance use treatment for Native Americans

(please call for an appointment)

►Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 9:30 am – 5:00 pm

Tues-Thurs 9:00 am – 5:00 pm

Fri 9:00 am – 4:00 pm

AccessKC, mental health services, therapy & case management

(call for appointment)

►Rediscover (2 miles)

816.966.0900 • 3728 Gillham Rd

Mon-Fri 8:00 am – 5:00 pm

►The Whole Person (1.5 miles)

816.561.0304 • 3710 Main St.

Mon-Fri 8:00 am – 5:00 pm

Wide range of services for people with disabilities

ID & VITAL RECORDS

►Metropolitan Lutheran Ministry (3 miles)

816.931.0027 • 3031 Holmes

Mon-Fri *(call for appointment)*

Birth Certificates

►Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 10:00 am – 5:00 pm

Tues-Fri 9:00 am – 5:00 pm

(call for appointment)

TRANSITIONAL & PERMANENT HOUSING

►Journey to New Life (3 miles)

(reentry from incarceration) 816.960.4808

• 3120 Troost Ave *(call for appointment)*

►Rose Brooks Center

816-861-6100 24/7 Hotline

Domestic violence shelter & services

►The LIGHT House Inc.

816.916.4434 • 400 West Meyer Boulevard

24/7 Hotline. Residential shelter for pregnant women

►Transitions for Life (1.5 miles)

816.410.9252 • 800 Westport Rd, Suite 1

Mon-Fri 9:00 am – 5:00 pm

Temporary housing for children and adults; ages 16 and up. Apply at www.transitions4life.net

►True Light Family Resource Center

(2.7 miles) 816.531.1300 • 717 E 31st St

Mon-Fri 8:30 am – 3:00 pm

Day shelter for women

UTILITY & RENT ASSISTANCE

►Bishop Sullivan Center (2.3 miles)

816-561-8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 4:30 pm

Apply at www.bishopsullivan.org

►Catholic Charities Welcome Center

(4.8 miles) 816.221.4377

8001 Longview Road; KC, MO 64134

Client Hours: Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch. Rent/utility assistance calls are taken on Mondays @ 8:30am. First come, first served.

►KC Indian Center (1.5 miles)

816.421.7608 • 600 W 39th St

Assistance for low-income Native Americans (please call for an appointment)

►Metropolitan Lutheran Ministry (2.8 miles)

816.931.0027 • 3031 Holmes

Mon-Fri *(call for appointment)*

Rent, utilities, & home repair assistance

►Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 10:00 am – 5:00 pm

Tues-Fri 9:00 am – 5:00 pm

Utility assistance (call for appointment)

►Redemptorist Social Services Center

(2 miles) 816.931.9942 • 207 W Linwood Blvd

Mon-Fri 8:00 am – 4:00 pm

Financial assistance-rent/mortgage & utilities (call for appointment)

YOUTH

►Children's Center Hotline • 816.321.7060

►Street Outreach • 816.505.4901

ages 22 or under

►The LIGHT House Inc.

• 816.916.4434 24/7 Hotline

Various services